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## RUSK LIONS CLUB

### Cindy Kline speaks about American Cancer Society

By **BILLY WATSON**  
 SPECIAL CONTRIBUTOR

Bobbie Burch and Amy Derrington announced that Greg James Country Motors and employees were to sponsor a barbecue lunch Jan. 16, to raise funds for Rick Perry, an employee who has cancer. Ms. Burch announced that all the new members Lions Club jackets have been received. She also stated that Elizabeth Oliver and Shelby Adams want to attend Lions Club Youth Camp this summer. The club chose Jim Netters to follow through with all the required procedures again for this year's event. Artis Brown reminded everyone of the Lions Club 2 S-1 mid-winter conference to be held Friday and Saturday, Jan. 19-20 in Woodville. Ms. Burch announced the 3 Rivers Pine Wood Derby for the Cub Scouts would be Feb. 3 at the Rusk Civic Center.

Ms. Derrington introduced Cindy Kline who brought the program on the American Cancer Society.

A Relay for Life of Cherokee County will be held from 7 p.m.-7 a.m. April 27-28th, at Mauldin Field, Jacksonville. What is Relay for Life? It is the ACS's nationwide signature event to strengthen communities, raise funds and allow people to show support in the fight against cancer. Every relay is a community-developed event that is volunteer driven and coached by ACS staff. The event is a celebration of life for cancer survivors, a memorial for loved ones lost and a rallying point for the community to fight cancer.

Teams from businesses, clubs, schools, churches, families, friends and service organizations assist in raising money for the American Cancer Society programs in education, research, advocacy, and patient services. A team consists of 8-15 members who join together to raise money and have fun doing it.

In 2005 an estimated 92,754 Texans were diagnosed with cancer, an estimated 37,712 Texans died of the disease.

Last year Cherokee County had 34 teams participating and raised more than \$64K with 126 survivors, and this year their goal is to have at least 40 teams to raise 100K and have at least 150 survivors. The money raised goes for research, education, advocacy and service.

This year's theme is NASCAR-We are Racing for a Cure. N-Network of A-Action to Stop C-Cancer & A-Accelerated R-Research. Interested persons in Jacksonville may contact Louise Pierson at (903)586-7781 or www.mamalouise2002@yahoo.com.

### Hortons return home after long vacation

President Sonny Adams began the meeting by welcoming past president Cliff Horton and wife, Lucy, who have been on an extended vacation, back to

the club. Charlie Burfoot introduced his wife Boots Burfoot.

Bobbie Burch announced the Rusk High School Leo Club will meet with the club next Thursday to receive their new Leo Club banner. Lion Tim Timmons, who is their sponsor, will make the arrangements for them to attend.

Ms. Burch reminded members that District Gov. Lion Bonita Lowrie will meet with the Rusk Lions Club at noon on Thursday, Feb. 8. Tim Timmons said he had received an e-mail from the State Leo Club chairman and a date of March 31 has been designated for Lions Camp clean up day by Leo Club members.

Song leader Jim Richings said he had lost a very good friend and fellow Lion from the Waco Lions Club, Lou Stein. Mr. Stein had been the person who convinced him to become a Lion member.

### Eye bank training session set

An eye bank training session is planned for Feb. 14 in Midland to obtain information on eye screening to assist young people in communities who need glasses but cannot afford them. Members of the Rusk Lions Club were encouraged to attend this program.

Guests attending the club meeting were three Leo Club members and Terrie Daniel, counselor, from Rusk High School. Leo Club members were Courtney Foreman, president; Kinsey Gresham, vice-president; and David Robbins, secretary.

Tim Timmons, the Leo Club manager and Bobbie Burch, Lions Club secretary arranged the meeting so that the Lion's Club could present them with the New Leo Club Banner.

Vic Whadford introduced Tony Dennis who spoke on 'At Home Health Care', which can be reached at (903) 592-8001 or 1-877-MyNurse or www.athomehealth.org.

Within each community there must be a need for one or more of these services; skilled nursing, physical therapy, speech therapy, occupational therapy, and medical social workers.

Mr. Dennis said there must be a skilled need for medication teaching and monitoring, exacerbation of disease process, post surgical care, diabetic management, pain management, cardiac management, infusion therapy, and catheter care.

The patient must be homebound. An effort to leave home requires a considerable taxing due to illness or injury. The patient may be able to leave home (with assistance) for short periods of time. Status can be temporary.

Skilled nursing services can include glucose monitoring, post surgical care, catheter care, assist patients with personal care, nutritional therapy to enhance wound healing, photographic reporting and ostomy care.

Home support services may be offered hourly or 24 hour care, for such purposes as medication reminders, meal preparation, shopping and errands, respite care, light housekeeping, grooming, companionship- home or hospital.

Pediatric Home Health Care Services are led by experienced pediatric nursing staff members who help keep chronically ill children out of the hospital by providing quality skilled care at home and providing ongoing instruction and support to parents and caregivers in the home.

Payor sources include Medicare, major insurance, Medicaid specialty programs, (CAP, MDCP, CSHCN) and private pay. Community Service Programs are conducted through the Texas Department for Aging and Disability Services, Community Based Alternatives (CBA), Primary Home Care (PHC) and Family Care (FM) if a homebound person has need for any of these services they should contact the numbers mentioned.

### God, government, religion discussed at meeting

Charlie Burfoot introduced John Nickle who brought a program on "Patriotism and Morality." He said the U.S. Post Office has a new ordinance which does not allow for posters which contain information about a church dinner, a church revival or anything about God or religion to be displayed in the post offices.

He advised all present to write on the letters or packages they mail 'In God We Trust' and 'God Bless America' since they cannot stop citizens from doing that at this time. One person at the meeting stated 'America Bless God' should be placed on all of members' mail outs.

Certainly all these statements concerning God should be within the hearts, especially since this country was founded on God. Without God there would never have been an America.

Mr. Nickle brought out his guitar and entertained with a song he had written entitled 'There Ain't No Place Like Home'. The song was indeed very entertaining.

Mr. Nickle spoke several minutes on how American morality has fallen. "We are sad that Old Glory has fallen so close to the ground."

Our embassies have been stoned, our diplomats are often in fear of their lives, and during the last 15 years we have been involved in many conflicts which spilled American blood on foreign soils, our young service men and women are dying for ideas which do not seem to mean much to numerous citizens of America anymore," Mr. Nickle said.

"The problem is America's troubles lies within so many of our people who are not willing to take a stand for the great God fearing country of America, which we once knew," he continued.

Bobbie Burch and Billy Watson reported to the club on the Relay of Life meeting which they attended in Rusk on Monday, Jan. 29.

Rusk Lions Club is now officially signed up to be a sponsor of the Relay For Life fight against cancer.

## Top 10 Plato winners



**Top 10 Plato winners at Rusk Junior High School include in front from left, Samuelle Mercer, Anayely Villegas, Saydid Hernandez, Leoncio Rivera; in back John Burkhalter, principal and Alisha Martin, Diamonds Vandzandt, Sid Stafford, Sara Bradley, Kirten Galan, Melissa Williamson, teacher, and Hannah Sattler. Plato is a software tutoring program and these students were winners and among the first to finish the assignment.**

## ROTARY CLUB

By **RENE McCracken**  
 SPECIAL CONTRIBUTOR

Rotarian and Cooperative Extension Agent Rene McCracken introduced her former manager, insurance agent and Jacksonville Rotarian, Brent Stahelin. He has been a field representative for Woodmen of the World for 18 years and it was quite apparent that his tenure with the company had helped him develop the skills necessary to identify his customer's priorities and help families protect or achieve their financial goals. He stated that "most of us wouldn't dream of not having insurance on our homes or autos, yet very few are even aware of the new long-term care policies that have been developed to protect the assets many have spent a lifetime accumulating."

He shared personal stories of the issues he and his family dealt with, which although were not an up-lifting presentation, were a great dose of reality since statistically almost 50 percent of households in America will at some point require extended care at home or in a nursing home.

### Frank Bowden is Rotary speaker Jan. 24

Rotary treasurer-elect Marty Jackson was host at a full house with guests including Rotary International's District Gov. Jack McCullough and his wife Ella Ruth.

Guest speaker was actually the first person to make Ms. Jackson and her

company Racefab welcome in Rusk. He is Commander Frank Bowden of the Veterans of Foreign Wars (VFW).

Mr. Bowden spoke on the various activities of the Rusk chapter of VFW from cooperating with other local service organizations like Rotary to scholarship programs like the "Voice of Democracy." He believes that his organization began back in 1899 will continue to "do anything for this country" only if they remain focused on building membership and bringing new veterans into the fold. The commander said "if there are folks just looking for a place to get together and socialize then don't join the Rusk VFW - because you will have to work if involved in VFW."

Various articles by Mr. Bowden appear in local papers depicting not "John Wayne" personalities but true local war heroes living among us.

Persons wishing to contact Mr. Bowden may do so at (903) 743-5000.

## GARDEN CLUB

### Ollie Parrott discusses East Texas forests

Ollie Parrott spoke to the Rusk Garden Club Jan. 24 about the forests of East Texas. She gave a brief review of the many uses of wood and wood products, such as building materials of all kinds, furniture, firewood and toys. Before 1880 many forests were virtually uncut because of the difficulty in getting the trees to sawmills. By World War II more than two billion board feet of timber had been cut and hauled by the railroads to the mills. Today it is more economical to carry the logs by truck directly to the mills. This area still receives benefits of \$2.5 billion from timber.

Mrs. Parrott gave a blue bird house as a special prize which was won by Patti Davis. During the business meeting which followed, Dorothy Graham was elected treasurer.

The Feb. 28 meeting will be held at First Baptist Church.

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## It's time to plant onions

By **JOE DANIEL**  
 SPECIAL CONTRIBUTOR

If you talk gardening, and walk around an East Texas courthouse square you will hear a different onion planting date for every side of the square.

There will likely be a fun story and best wishes for your gardening efforts with each recommendation but some will be less than accurate. Here is the science behind late January and early February planting.

Onion plants can freeze in the field. Prolonged temperatures below 20 degrees Fahrenheit kill onions. Onions don't grow bulbs when temperatures are below a 50 -60 degree range. Bulbing is favored by temperatures between 70 and 80.

Best onion growing days are when the high is no more than 85.

Onions are day length sensitive regarding bulbing. In the Southern U.S. it is most important that we choose short day varieties that will be triggered to bulb when temperatures are favorable.

Recommended yellow varieties include TX 1015, Colossals, Mercedes, Diamante and Sweet Sunrise.

Recommended white onions include the varieties TX Early White, Contessa, Cirrus, and Monsoon. Recommended red onions are Rio, Sulsula Red and Santiago. Bolting, premature flowering is another reason for carefully choosing a planting date.

Flowering is dependent on temperature not day-length. If the onion plants are pencil size and exposed to temperatures in the low or mid 40's for a prolonged period the likelihood of bolting increases.

Onions are classed as biennials; this means it takes two years to go from seed to seed. Alternating warm cool warm conditions mimic the change of seasons and onions of pencil size flower.

The right variety planted at the correct time is a great first step to large sweet onions. Other factors that play a part are keeping the soil pH above 6, having adequate fertilizer two to three inches directly below the onion plants and providing the equivalent of two inches of water a week during the bulbing period. If this is done, yes, the onions in your back yard will be as good as any Vidalia, Noon Day or Walla Walla.

## NEWS

### Drug raid conducted Feb. 1 at Beal Street residence

A joint drug raid was conducted at 2:40 p.m. Feb. 1 in the 200 block of Beal Street by the Rusk Police Department, the Cherokee County Sheriff Department, the Drug Enforcement Administration with assistance from the TDCJ K9 Unit.

Located inside the residence was 4.4 grams of a substance that field tested positive for cocaine.

The occupants of the residence were not at home at the time. Warrants for arrest will be issued.

The amount of narcotics seized

makes this a first degree felony offense, said Rusk Assistant Chief Roy Cavazos.

### Valentine dinner slated

The Gallatin Volunteer Fire Department will host a Valentine dinner for two event at the Olde Store from 5-9 p.m. Tuesday, Feb. 13.

Cost is \$20 per couple or \$10 per person.

Reservations are not necessary but may be made by calling (903) 683-3333.

Proceeds will benefit the Gallatin Volunteer Fire Department.

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